

Proclamation

“Parks and Recreation Month”

July 2022

Whereas, parks and recreation are an integral part of communities throughout this country including Adams County; and,

Whereas, parks and recreation promote health and wellness, improving the physical and mental health of people who visit or live near parks; and,

Whereas, parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer’s; and,

Whereas, parks and recreation encourage physical activities by providing space for sports, trails, and many pursuits that are part of active lifestyles; and,

Whereas, parks and recreation programming and educational activities, and youth sports and environmental education are critical to childhood development; and,

Whereas, parks and recreation increase a community’s economic prosperity through higher property values, expansion of the local tax base, attraction and retention of businesses, and crime reduction; and,

Whereas, parks and recreation are fundamental to the environmental well-being of our community; and,

Whereas, parks and recreation are essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and,

Whereas, the U.S. House of Representatives has designated July as Parks and Recreation Month.

Now, Therefore, Be it Resolved, that the Board of County Commissioners, County of Adams State of Colorado, Proclaims July 2022 as Parks and Recreation Month.

In witness whereof, we have set our hands and caused the seal of the county to be affixed July 19, 2022.