

ADAMS COUNTY, COLORADO
SERVICE AGREEMENT
ADDENDUM TWO

THIS ADDENDUM TO THE SERVICE AGREEMENT ("Addendum") is entered into this 14th day of April, 2014, by and between the Board of County Commissioners of Adams County, Colorado, located at 4430 South Adams County Parkway, Brighton, CO 80601, hereinafter referred to as the "County," and **HEALTHBREAK, INC.**, located at 601 16th Street, Suite C311, Golden, Colorado 80401, hereinafter referred to as the "Contractor." The County and the Contractor may be collectively referred to herein as the "Parties".

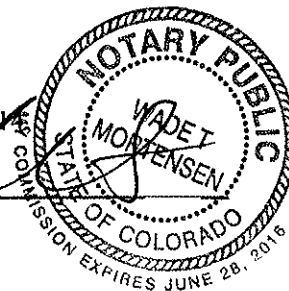
RECITALS

WHEREAS, on March 12, 2012, the County entered into a Service Agreement under Agreement #RFP 2011.129 with **HEALTHBREAK, INC.**, for Consulting Services for Adams County's Comprehensive Wellness Program; and,

WHEREAS, the County and the Contractor mutually desire to amend the Service Agreement to extend the term of the agreement, effective January 1, 2014.

NOW, THEREFORE, for the consideration set forth herein, the sufficiency of which is mutually acknowledged by the parties, the County and the Contractor agree as follows:

1. The County shall pay the Contractor for the work furnished under this Addendum in accordance with **Section V-Payment and Fee Schedule per Agreement #RFP 2011.29** for a sum not to exceed one hundred thirty-two thousand dollars and no cents (\$132,000.00).
2. The term of the Service Agreement is extended for one (1) additional year effective through December 31, 2014.
3. The Agreement, Addendum One and Addendum Two contains the entire understanding of the parties hereto and neither it, nor the rights and obligations hereunder, may be changed, modified, or waived except by an instrument in writing that is signed by both parties. Any terms, conditions, or provisions of the Agreement and Addendum One that are not amended or modified by Addendum Two shall remain in full force and effect. In the event of any conflicts between the terms, conditions, or provisions of the Agreement, Addendum One and Addendum Two, the terms, conditions, and provisions of Addendum Two shall prevail.
4. The Recitals contained in Addendum Two are incorporated into the body hereof, and accurately reflect the intent and agreement of the parties.
5. Addendum Two may be executed in multiple counterparts, each of which shall be deemed to be an original and all of which taken together shall constitute one and the same agreement.



Adams County Wellness Program Budget 2014

Wellness Program Management Costs

Includes .531 FTE Wellness Program coordinator & senior account manager time, overhead and management fees
 Jenny - 20 hours per week
 Lee - 1.5 hours per week

Administrative Operational Costs Total	\$ 62,724.00	\$ 65,541.76	\$ 68,400.00	\$ 71,258.24	\$ 74,116.48	\$ 76,974.72	\$ 79,832.96	\$ 82,691.20	\$ 85,549.44	\$ 88,407.68	\$ 91,265.92	\$ 94,124.16	\$ 96,982.40	\$ 99,840.64	\$ 102,698.88	\$ 105,557.12	\$ 108,415.36	\$ 111,273.60	\$ 114,131.84	\$ 116,990.08	\$ 119,848.32	\$ 122,706.56	\$ 125,564.80	\$ 128,423.04	\$ 131,281.28	\$ 134,139.52	\$ 137,000.00	\$ 139,859.52	\$ 142,719.04	\$ 145,578.56	\$ 148,438.08	\$ 151,297.60	\$ 154,157.12	\$ 157,016.64	\$ 159,876.16	\$ 162,735.68	\$ 165,595.20	\$ 168,454.72	\$ 171,314.24	\$ 174,173.76	\$ 177,033.28	\$ 179,892.80	\$ 182,752.32	\$ 185,611.84	\$ 188,471.36	\$ 191,330.88	\$ 194,190.40	\$ 197,049.92	\$ 199,909.44	\$ 202,768.96	\$ 205,628.48	\$ 208,488.00	\$ 211,347.52	\$ 214,207.04	\$ 217,066.56	\$ 219,926.08	\$ 222,785.60	\$ 225,645.12	\$ 228,504.64	\$ 231,364.16	\$ 234,223.68	\$ 237,083.20	\$ 239,942.72	\$ 242,802.24	\$ 245,661.76	\$ 248,521.28	\$ 251,380.80	\$ 254,240.32	\$ 257,100.00	\$ 260,000.00	\$ 262,900.00	\$ 265,800.00	\$ 268,700.00	\$ 271,600.00	\$ 274,500.00	\$ 277,400.00	\$ 280,300.00	\$ 283,200.00	\$ 286,100.00	\$ 289,000.00	\$ 291,900.00	\$ 294,800.00	\$ 297,700.00	\$ 300,600.00	\$ 303,500.00	\$ 306,400.00	\$ 309,300.00	\$ 312,200.00	\$ 315,100.00	\$ 318,000.00	\$ 320,900.00	\$ 323,800.00	\$ 326,700.00	\$ 329,600.00	\$ 332,500.00	\$ 335,400.00	\$ 338,300.00	\$ 341,200.00	\$ 344,100.00	\$ 347,000.00	\$ 350,000.00	\$ 352,900.00	\$ 355,800.00	\$ 358,700.00	\$ 361,600.00	\$ 364,500.00	\$ 367,400.00	\$ 370,300.00	\$ 373,200.00	\$ 376,100.00	\$ 379,000.00	\$ 381,900.00	\$ 384,800.00	\$ 387,700.00	\$ 390,600.00	\$ 393,500.00	\$ 396,400.00	\$ 399,300.00	\$ 402,200.00	\$ 405,100.00	\$ 408,000.00	\$ 410,900.00	\$ 413,800.00	\$ 416,700.00	\$ 419,600.00	\$ 422,500.00	\$ 425,400.00	\$ 428,300.00	\$ 431,200.00	\$ 434,100.00	\$ 437,000.00	\$ 440,000.00	\$ 442,900.00	\$ 445,800.00	\$ 448,700.00	\$ 451,600.00	\$ 454,500.00	\$ 457,400.00	\$ 460,300.00	\$ 463,200.00	\$ 466,100.00	\$ 469,000.00	\$ 471,900.00	\$ 474,800.00	\$ 477,700.00	\$ 480,600.00	\$ 483,500.00	\$ 486,400.00	\$ 489,300.00	\$ 492,200.00	\$ 495,100.00	\$ 498,000.00	\$ 500,900.00	\$ 503,800.00	\$ 506,700.00	\$ 509,600.00	\$ 512,500.00	\$ 515,400.00	\$ 518,300.00	\$ 521,200.00	\$ 524,100.00	\$ 527,000.00	\$ 530,000.00	\$ 532,900.00	\$ 535,800.00	\$ 538,700.00	\$ 541,600.00	\$ 544,500.00	\$ 547,400.00	\$ 550,300.00	\$ 553,200.00	\$ 556,100.00	\$ 559,000.00	\$ 561,900.00	\$ 564,800.00	\$ 567,700.00	\$ 570,600.00	\$ 573,500.00	\$ 576,400.00	\$ 579,300.00	\$ 582,200.00	\$ 585,100.00	\$ 588,000.00	\$ 590,900.00	\$ 593,800.00	\$ 596,700.00	\$ 599,600.00	\$ 602,500.00	\$ 605,400.00	\$ 608,300.00	\$ 611,200.00	\$ 614,100.00	\$ 617,000.00	\$ 620,000.00	\$ 622,900.00	\$ 625,800.00	\$ 628,700.00	\$ 631,600.00	\$ 634,500.00	\$ 637,400.00	\$ 640,300.00	\$ 643,200.00	\$ 646,100.00	\$ 649,000.00	\$ 651,900.00	\$ 654,800.00	\$ 657,700.00	\$ 660,600.00	\$ 663,500.00	\$ 666,400.00	\$ 669,300.00	\$ 672,200.00	\$ 675,100.00	\$ 678,000.00	\$ 680,900.00	\$ 683,800.00	\$ 686,700.00	\$ 689,600.00	\$ 692,500.00	\$ 695,400.00	\$ 698,300.00	\$ 701,200.00	\$ 704,100.00	\$ 707,000.00	\$ 710,000.00	\$ 712,900.00	\$ 715,800.00	\$ 718,700.00	\$ 721,600.00	\$ 724,500.00	\$ 727,400.00	\$ 730,300.00	\$ 733,200.00	\$ 736,100.00	\$ 739,000.00	\$ 741,900.00	\$ 744,800.00	\$ 747,700.00	\$ 750,600.00	\$ 753,500.00	\$ 756,400.00	\$ 759,300.00	\$ 762,200.00	\$ 765,100.00	\$ 768,000.00	\$ 770,900.00	\$ 773,800.00	\$ 776,700.00	\$ 779,600.00	\$ 782,500.00	\$ 785,400.00	\$ 788,300.00	\$ 791,200.00	\$ 794,100.00	\$ 797,000.00	\$ 800,000.00	\$ 802,900.00	\$ 805,800.00	\$ 808,700.00	\$ 811,600.00	\$ 814,500.00	\$ 817,400.00	\$ 820,300.00	\$ 823,200.00	\$ 826,100.00	\$ 829,000.00	\$ 831,900.00	\$ 834,800.00	\$ 837,700.00	\$ 840,600.00	\$ 843,500.00	\$ 846,400.00	\$ 849,300.00	\$ 852,200.00	\$ 855,100.00	\$ 858,000.00	\$ 860,900.00	\$ 863,800.00	\$ 866,700.00	\$ 869,600.00	\$ 872,500.00	\$ 875,400.00	\$ 878,300.00	\$ 881,200.00	\$ 884,100.00	\$ 887,000.00	\$ 890,000.00	\$ 892,900.00	\$ 895,800.00	\$ 898,700.00	\$ 901,600.00	\$ 904,500.00	\$ 907,400.00	\$ 910,300.00	\$ 913,200.00	\$ 916,100.00	\$ 919,000.00	\$ 921,900.00	\$ 924,800.00	\$ 927,700.00	\$ 930,600.00	\$ 933,500.00	\$ 936,400.00	\$ 939,300.00	\$ 942,200.00	\$ 945,100.00	\$ 948,000.00	\$ 950,900.00	\$ 953,800.00	\$ 956,700.00	\$ 959,600.00	\$ 962,500.00	\$ 965,400.00	\$ 968,300.00	\$ 971,200.00	\$ 974,100.00	\$ 977,000.00	\$ 980,000.00	\$ 982,900.00	\$ 985,800.00	\$ 988,700.00	\$ 991,600.00	\$ 994,500.00	\$ 997,400.00	\$ 1,000,000.00	\$ 1,002,900.00	\$ 1,005,800.00	\$ 1,008,700.00	\$ 1,011,600.00	\$ 1,014,500.00	\$ 1,017,400.00	\$ 1,020,300.00	\$ 1,023,200.00	\$ 1,026,100.00	\$ 1,029,000.00	\$ 1,031,900.00	\$ 1,034,800.00	\$ 1,037,700.00	\$ 1,040,600.00	\$ 1,043,500.00	\$ 1,046,400.00	\$ 1,049,300.00	\$ 1,052,200.00	\$ 1,055,100.00	\$ 1,058,000.00	\$ 1,060,900.00	\$ 1,063,800.00	\$ 1,066,700.00	\$ 1,069,600.00	\$ 1,072,500.00	\$ 1,075,400.00	\$ 1,078,300.00	\$ 1,081,200.00	\$ 1,084,100.00	\$ 1,087,000.00	\$ 1,090,000.00	\$ 1,092,900.00	\$ 1,095,800.00	\$ 1,098,700.00	\$ 1,101,600.00	\$ 1,104,500.00	\$ 1,107,400.00	\$ 1,110,300.00	\$ 1,113,200.00	\$ 1,116,100.00	\$ 1,119,000.00	\$ 1,121,900.00	\$ 1,124,800.00	\$ 1,127,700.00	\$ 1,130,600.00	\$ 1,133,500.00	\$ 1,136,400.00	\$ 1,139,300.00	\$ 1,142,200.00	\$ 1,145,100.00	\$ 1,148,000.00	\$ 1,150,900.00	\$ 1,153,800.00	\$ 1,156,700.00	\$ 1,159,600.00	\$ 1,162,500.00	\$ 1,165,400.00	\$ 1,168,300.00	\$ 1,171,200.00	\$ 1,174,100.00	\$ 1,177,000.00	\$ 1,180,000.00	\$ 1,182,900.00	\$ 1,185,800.00	\$ 1,188,700.00	\$ 1,191,600.00	\$ 1,194,500.00	\$ 1,197,400.00	\$ 1,200,300.00	\$ 1,203,200.00	\$ 1,206,100.00	\$ 1,209,000.00	\$ 1,211,900.00	\$ 1,214,800.00	\$ 1,217,700.00	\$ 1,220,600.00	\$ 1,223,500.00	\$ 1,226,400.00	\$ 1,229,300.00	\$ 1,232,200.00	\$ 1,235,100.00	\$ 1,238,000.00	\$ 1,240,900.00	\$ 1,243,800.00	\$ 1,246,700.00	\$ 1,249,600.00	\$ 1,252,500.00	\$ 1,255,400.00	\$ 1,258,300.00	\$ 1,261,200.00	\$ 1,264,100.00	\$ 1,267,000.00	\$ 1,270,000.00	\$ 1,272,900.00	\$ 1,275,800.00	\$ 1,278,700.00	\$ 1,281,600.00	\$ 1,284,500.00	\$ 1,287,400.00	\$ 1,290,300.00	\$ 1,293,200.00	\$ 1,296,100.00	\$ 1,299,000.00	\$ 1,301,900.00	\$ 1,304,800.00	\$ 1,307,700.00	\$ 1,310,600.00	\$ 1,313,500.00	\$ 1,316,400.00	\$ 1,319,300.00	\$ 1,322,200.00	\$ 1,325,100.00	\$ 1,328,000.00	\$ 1,330,900.00	\$ 1,333,800.00	\$ 1,336,700.00	\$ 1,339,600.00	\$ 1,342,500.00	\$ 1,345,400.00	\$ 1,348,300.00	\$ 1,351,200.00	\$ 1,354,100.00	\$ 1,357,000.00	\$ 1,360,000.00	\$ 1,362,900.00	\$ 1,365,800.00	\$ 1,368,700.00	\$ 1,371,600.00	\$ 1,374,500.00	\$ 1,377,400.00	\$ 1,380,300.00	\$ 1,383,200.00	\$ 1,386,100.00	\$ 1,389,000.00	\$ 1,391,900.00	\$ 1,394,800.00	\$ 1,397,700.00	\$ 1,400,600.00	\$ 1,403,500.00	\$ 1,406,400.00	\$ 1,409,300.00	\$ 1,412,200.00	\$ 1,415,100.00	\$ 1,418,000.00	\$ 1,420,900.00	\$ 1,423,800.00	\$ 1,426,700.00	\$ 1,429,600.00	\$ 1,432,500.00	\$ 1,435,400.00	\$ 1,438,300.00	\$ 1,441,200.00	\$ 1,444,100.00	\$ 1,447,000.00	\$ 1,450,000.00	\$ 1,452,900.00	\$ 1,455,800.00	\$ 1,458,700.00	\$ 1,461,600.00	\$ 1,464,500.00	\$ 1,467,400.00	\$ 1,470,300.00	\$ 1,473,200.00	\$ 1,476,100.00	\$ 1,479,000.00	\$ 1,481,900.00	\$ 1,484,800.00	\$ 1,487,700.00	\$ 1,490,600.00	\$ 1,493,500.00	\$ 1,496,400.00	\$ 1,499,300.00	\$ 1,502,200.00	\$ 1,505,100.00	\$ 1,508,000.00	\$ 1,510,900.00	\$ 1,513,800.00	\$ 1,516,700.00	\$ 1,519,600.00	\$ 1,522,500.00	\$ 1,525,400.00	\$ 1,528,300.00	\$ 1,531,200.00	\$ 1,534,100.00	\$ 1,537,000.00	\$ 1,540,000.00	\$ 1,542,900.00	\$ 1,545,800.00	\$ 1,548,700.00	\$ 1,551,600.00	\$ 1,554,500.00	\$ 1,557,400.00	\$ 1,560,300.00	\$ 1,563,200.00	\$ 1,566,100.00	\$ 1,569,000.00	\$ 1,571,900.00	\$ 1,574,800.00	\$ 1,577,700.00	\$ 1,580,600.00	\$ 1,583,500.00	\$ 1,586,400.00	\$ 1,589,300.00	\$ 1,592,200.00	\$ 1,595,100.00	\$ 1,598,000.00	\$ 1,600,900.00	\$ 1,603,800.00	\$ 1,606,700.00	\$ 1,609,600.00	\$ 1,612,500.00	\$ 1,615,400.00	\$ 1,618,300.00	\$ 1,621,200.00	\$ 1,624,100.00	\$ 1,627,000.00	\$ 1,630,000.00	\$ 1,632,900.00	\$ 1,635,800.00	\$ 1,638,700.00	\$ 1,641,600.00	\$ 1,644,500.00	\$ 1,647,400.00	\$ 1,650,300.00	\$ 1,653,200.00	\$ 1,656,100.00	\$ 1,659,000.00	\$ 1,661,900.00	\$ 1,664,800.00	\$ 1,667,700.00	\$ 1,670,600.00	\$ 1,673,500.00	\$ 1,676,400.00	\$ 1,679,300.00	\$ 1,682,200.00	\$ 1,685,100.00	\$ 1,688,000.00	\$ 1,690,900.00	\$ 1,693,800.00	\$ 1,696,700.00	\$ 1,699,600.00	\$ 1,702,500.00	\$ 1,705,400.00	\$ 1,708,300.00	\$ 1,711,200.00	\$ 1,714,100.00	\$ 1,717,000.00	\$ 1,720,000.00	\$ 1,722,900.00	\$ 1,725,800.00	\$ 1,728,700.00	\$ 1,731,600.00	\$ 1,734,500.00	\$ 1,737,400.00	\$ 1,740,300.00	\$ 1,743,200.00	\$ 1,746,100.00	\$ 1,749,000.00	\$ 1,751,900.00	\$ 1,754,800.00	\$ 1,757,700.00	\$ 1,760,600.00	\$ 1,763,500.00	\$ 1,766,400.00	\$ 1,769,300.00	\$ 1,772,200.00	\$ 1,775,100.00	\$ 1,778,000.00	\$ 1,780,900.00	\$ 1,783,800.00	\$ 1,786,700.00	\$ 1,789,600.00	\$ 1,792,500.00	\$ 1,795,400.00	\$ 1,798,300.00	\$ 1,801,200.00	\$ 1,804,100.00	\$ 1,807,000.00	\$ 1,810,000.00	\$ 1,812,900.00	\$ 1,815,800.00	\$ 1,818,700.00	\$ 1,821,600.00	\$ 1,824,500.00	\$ 1,827,400.00	\$ 1,830,300.00	\$ 1,833,200.00	\$ 1,836,100.00	\$ 1,839,000.00	\$ 1,841,900.00	\$ 1,844,800.00	\$ 1,847,700.00	\$ 1,850,600.00	\$ 1,853,500.00	\$ 1,856,400.00	\$ 1,859,300.00	\$ 1,862,200.00	\$ 1,865,100.00	\$ 1,868,000.00	\$ 1,870,900.00	\$ 1,873,800.00	\$ 1,876,700.00	\$ 1,879,600.00	\$ 1,882,500.00	\$ 1,885,400.00	\$ 1,888,300.00	\$ 1,891,200.00	\$ 1,894,100.00	\$ 1,897,000.00	\$ 1,900,000.00	\$ 1,902,900.00	\$ 1,905,800.00	\$ 1,908,700.00	\$ 1,911,600.00	\$ 1,914,500.00	\$ 1,917,400.00	\$ 1,920,300.00	\$ 1,923,200.00	\$ 1,926,100.00	\$ 1,929,000.00	\$ 1,931,900.00	\$ 1,934,800.00	\$ 1,937,700.00	\$ 1,940,600.00	\$ 1,943,500.00	\$ 1,946,400.00	\$ 1,949,300.00	\$ 1,952,200.00	\$ 1,955,100.00	\$ 1,958,000.00	\$ 1,960,900.00	\$ 1,963,800.00	\$ 1,966,700.00	\$ 1,969,600.00	\$ 1,972,500.00	\$ 1,975,400.00	\$ 1,978,300.00	\$ 1,981,200.00	\$ 1,984,100.00	\$ 1,987,000.00	\$ 1,990,000.00	\$ 1,992,900.00	\$ 1,995,800.00	\$ 1,998,700.00	\$ 2,001,600.00	\$ 2,004,500.00	\$ 2,007,400.00	\$ 2,010,300.00	\$ 2,013,200.00	\$ 2,016,100.00	\$ 2,019,000.00	\$ 2,021,900.00	\$ 2,024,800.00	\$ 2,027,700.00	\$ 2,030,600.00	\$ 2,033,500.00	\$ 2,036,400.00	\$ 2,039,300.00	\$ 2,042,200.00	\$ 2,045,100.00	\$ 2,048,000.00	\$ 2,050,900.00	\$ 2,053,800.00	\$ 2,056,700.00	\$ 2,059,600.00	\$ 2,062,500.00	\$ 2,065,400.00	\$ 2,068,300.00	\$ 2,071,200.00	\$ 2,074,100.00	\$ 2,077,000.00	\$ 2,080,000.00	\$ 2,082,900.00	\$ 2,085,800.00	\$ 2,088,700.00	\$ 2,091,600.00	\$ 2,094,500.00	\$ 2,097,400.00	\$ 2,100,300.00	\$ 2,103,200.00	\$ 2,106,100.00	\$ 2,109,000.00	\$ 2,111,900.00	\$ 2,114,800.00	\$ 2,117,700.00	\$ 2,120,600.00	\$ 2,123,5
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Adams County Wellness Program Budget 2014

Item	Quantity		Cost Per Employee or Program				Costs		Comments
	Min.	Max	Min.	Max	Min. Cost	Max. Cost	Average Cost		
Hold the Holidays	1	1			\$700	\$700	\$700	\$700	Develop the participant materials for the program. Create marketing materials and conduct evaluation and write summary report.
Scale Rentals	5	5			\$150	\$150	\$750	\$750	scale rental and delivery pre and post program up to 5 times (3 locations x 2 - for pre and post weight out)
30 Days Chaos to Calm Challenge	1	1			\$1,700	\$1,700	\$1,700	\$1,700	Mindfulness challenge with stress expert Diane Sieg. Includes challenge materials and administration, ask the expert email support from Diane, access to audio server downloads during challenge.
30 Days Chaos to Calm Challenge Incentives	1	1			\$200	\$200	\$200	\$200	(10) book giveaways 30 Days to Grace book.
30 Days Chaos to Calm Challenge Seminars	1	5			\$175	\$200	\$175	\$588	30 minute guided mindfulness workshop choose between 1-6 locations to schedule workshops during 30 day campus wide challenge
Incentives and giveaways	1	1			\$1,600	\$1,600	\$1,600	\$1,600	Includes program prizes for D.Y. wellness champions, JTW incentives, etc

Adams County Wellness Program Budget 2014

Item	Quantity		Cost Per Employee or Program				Costs			Comments
	Min.	Max	Min.	Cost	Max	Cost	Min.	Cost	Max	
Activities & Events										
Cooking Demos										
Lunch w/ Kelly	7	7		\$225	\$250		\$1,575	\$1,750	\$1,663	1 cooking demo/lunch session at each of 7 locations
Food & Supplies	7	7		\$150	\$300		\$1,050	\$2,100	\$1,575	This is dependent upon the menu selection and the number of attendees.
Mileage for R.D.	560	560		\$0.53	\$0.53		\$297	\$297	\$297	7 trips times 80 miles round trip - 560
Challenges/Activities & Events Subtotal										
							\$2,927	\$4,397	\$3,605.22	
Fitness Classes										
Zumba - Govt Center	16	16		\$65	\$75		\$1,040	\$1,200	\$1,120	class meets 2x per week for 8 weeks
Zumba - DA office	16	16		\$65	\$75		\$1,040	\$1,200	\$1,120	class meets 2x per week for 8 weeks
Zumba - CFC office	32	32		\$65	\$75		\$2,080	\$2,400	\$2,240	class meets 4x per week for 8 weeks
Zumba - Detention	16	16		\$65	\$75		\$1,040	\$1,200	\$1,120	class meets 2x per week for 8 weeks
Zumba - HSB	16	16		\$65	\$75		\$1,040	\$1,200	\$1,120	class meets 2x per week for 8 weeks
Kickboxing - Parks office	32	32		\$65	\$75		\$2,080	\$2,400	\$2,240	class meets 2x per week for 8 weeks (2 sessions)
Kickboxing - HSB	16	16		\$65	\$75		\$1,040	\$1,200	\$1,120	class meets 2x per week for 8 weeks
Kickboxing - Detention	16	16		\$65	\$75		\$1,040	\$1,200	\$1,120	class meets 2x per week for 8 weeks
Self Defense - Govt center	6	6		\$65	\$75		\$390	\$450	\$420	class meets 1x per week for 6 weeks
Self Defense - HSB	6	6		\$65	\$75		\$390	\$450	\$420	class meets 1x per week for 6 weeks
Self Defense - CFC	6	6		\$65	\$75		\$390	\$450	\$420	class meets 1x per week for 6 weeks
Self Defense - Detention	6	6		\$65	\$75		\$390	\$450	\$420	class meets 1x per week for 6 weeks

Adams County Wellness Program Budget 2014

Item	Quantity	Cost Per Employee or Program						Costs		Comments	
		Min.	Max	Min. Cost	Max. Cost	Min. Cost	Max. Cost	Average Cost			
Self Defense - DA office	6	6		\$65	\$75			\$390	\$450	\$420	class meets 1x per week for 6 weeks
Self Defense - Sheriff substation	6	6		\$65	\$75			\$390	\$450	\$420	class meets 1x per week for 6 weeks
Self Defense - Parks	6	6		\$65	\$75			\$390	\$450	\$420	class meets 1x per week for 6 weeks
Fitness classes taught by Program Manager	32	32		\$34	\$34			\$1,088	\$1,088	\$1,088	Program manager cost to teach 32 Yoga classes
Fitness Class Subtotal											
Health Fair & Screenings								\$13,215	\$15,238	\$15,228	
jobwork mailing	1	1		\$1,400	\$1,600			\$1,400	\$1,600	\$1,500	fee to administer mailing - postage/envelopes and labor
Full Blood Draw	749	850		\$35	\$35			\$26,215	\$29,750	\$27,983	Chem screen, TSH, Direct LDL, Fennitin
Complete Blood Count	749	850		\$15	\$15			\$11,235	\$12,750	\$11,993	white and red blood cells, platelets 761 = 1.5% increase over 2012 -662
PSA	53	65		\$30	\$30			\$1,590	\$1,950	\$1,770	PSA cost is \$30, however AC subsidizes \$15, employee picks up remaining \$15
Hemoglobin A1C	159	175		\$30	\$30			\$4,770	\$5,250	\$5,010	HGA1C cost is \$30, however AC subsidizes \$15, employee picks up remaining \$15
Cardio CRP	192	220		\$36	\$36			\$6,912	\$7,920	\$7,416	Full out of pocket cost for participant
Vitamin D				\$45	\$45			\$0	\$0	\$0	
VAP				\$50	\$50			\$0	\$0	\$0	

Adams County Wellness Program Budget 2014

Item	Quantity		Cost Per Employee or Program				Costs			Comments
	Min.	Max	Min.	Cost	Max.	Cost	Min.	Cost	Average Cost	
Phlebotomy Fees	60	95		\$40	\$40		\$2,400	\$3,800	\$3,100	This covers staffing of phlebotomists and allows for more phlebotomists if needed at busier locations.
Phlebotomy Mileage, lodging, etc.	12	15		\$30	\$30		\$360	\$450	\$405	
Health Professional	48	48		\$35	\$35		\$1,680	\$1,680	\$1,680	This allows for other health professionals to conduct screenings or demos at the fair-48 hours allows for 1-3 professionals at 6 locations from \$15-\$30 per hour
Health Screening Subtotal										
							\$56,562	\$65,150	\$60,856	
Other advanced screening (such as lung function, bone density or DermAnalysis)	15	15		\$175	\$250		\$2,625	\$3,750	\$3,188	Hourly charges. These services will be negotiated and discounts will be passed through to Adams County. When possible a provider that does the service for free will be contracted.
Dietitians at the Fair	17.5	17.5		\$65	\$65		\$1,138	\$1,138	\$1,138	The hours are 3.5 hours x 5 fairs (includes set up time for food demo)
Supplies/Printing	1	1		\$250	\$500		\$250	\$500	\$375	This covers any incidental supplies needed or incentives for the fair.
Participant t-shirts	1	1		\$4,608	\$4,608		\$4,608	\$4,608	\$4,608	Cost of t-shirts for 2013

Adams County Wellness Program Budget 2014

Item	Quantity	Cost Per Employee or Program				Costs			Comments	
		Min.	Max	Min. Cost	Max. Cost	Min. Cost	Max. Cost	Average Cost		
Giveaways and decorations	1	1		\$350	\$500		\$350	\$500	\$425	participant goodie bags and other decorations
Webinar	1	1		\$400	\$650		\$400	\$650	\$525	fees for post screening KYN webinar (development, recording, stream time and reporting completion)
Wellness Fall Components subtotal										
Other							\$5,579		\$5,579	
Misc.										
Senior Consulting (5-9 years experience)										
Mileage is billed at IRS rate per mile for any personnel that travel more than 45 miles roundtrip to provide services.										
										\$85/hour
Administrative Costs										
Program Costs										
GRAND TOTAL										
</										